

Week 1

Overview of Police Officer Hiring
Police Academy Familiarization
Professional Policing Standards
Civil Service Testing
Physical Agility Exam - Initial
Screening

Week 2

Physical Fitness and Wellness
Sample Written Examination
Physical Fitness Training

Week 3

Language Fluency
Information Ordering &
Language Selection
Physical Fitness Training

Week 4

Problem Sensitivity & Reasoning
Selective Attention
Physical Agility Exam - Midterm Pro-
gress

Week 5

Visualization
Spatial Orientation
Physical Fitness Training

Week 6

Situational Judgment
Test-taking Strategies
Physical Fitness Training

Week 7

Mock Written Exam
Physical Agility Exam
Course Conclusion

Curriculum Summary

Police Officer Employment Overview
Police Academy Familiarization
Professional Policing Standards
Civil Service Testing Procedures
Physical Fitness and Wellness
Physical Agility Exam Preparation
Language Fluency
Information Ordering And Language
Sequencing
Problem Sensitivity & Reasoning
Selective Attention
Visualization
Spatial Orientation
Situational Judgment

**Applications can be downloaded from the City
of Kingston Police Department's webpage at:**

<http://kingston-ny.gov/police>

KINGSTON POLICE DEPARTMENT

POLICE OFFICER PREPARATION ACADEMY

Kingston Center at SUNY Ulster
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Kingston, NY 12401

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POLICE OFFICER PREPARATION ACADEMY

September 2022 Exam



Academy Dates

**May 7, 2022
to
July 30, 2022**



Phone: (845) 943-5707

PROGRAM DETAILS

Police Officer Preparation Academy

- Seven-week program
- Consists of classes, discussions, physical agility training, and testing sessions
- Every other week, on Saturday mornings, from 9:00 a.m. until 12:00 p.m.
- Class size will be limited to 30 participants
- There is no cost
- In-depth understanding into police officer hiring standards and testing procedures
- Opportunity to practice written and physical agility exams
- Interact daily with police officers, instructors, and administrators
- Features an “inside look” at the beginning of each class of our daily operations and specialized units.

College · Career · Convenience · Community



Goals

- To **prepare police officer candidates** for the testing and hiring process.
- To **recruit diverse community members** to join our department to help improve our police/community relationship and build a safer community.

Benefits

When local residents join police departments and become part of the protection of their community and neighborhoods, they help engender trust. Trust is critical in strengthening police and community relations and ultimately makes for safer communities.



Kingston Police Department
Police Officer Exam
Preparation Academy

Who Can Attend?

Individuals who apply for the Police Officer Exam Preparation Academy must be at least 19 years of age. They must also live in Ulster County, with preference given to City of Kingston Residents.

Why?

Recruiting from within our community plays an integral role in community policing. Therefore, the Kingston Police Department and SUNY Ulster instituted the Police Officer Preparation Academy to recruit and prepare potential police officer candidates to serve the Kingston community. By serving in one's own community, officers will work collaboratively at improving public safety and community trust. Local policing offers a teamwork approach not found in many other career paths. It is our hope that the graduates will become police officers in the City of Kingston.

